



Practically Daughters™

Supportive Relocation for Older Adults

## How Practically Daughters<sup>™</sup> Works with Families

Most seniors would prefer to live at home as long as possible, but seniors needing to move out of that home face a bewildering maze of options ranging from where to live to what to take and what to leave behind. Clearing a home of a lifetime's collection of documents, possessions and their associated memories, can be wrenching. But, these are necessary activities that prove to be less stressful with professional help. Adult children who love their aging parents may not live nearby or have the time to assist them through a difficult relocation. Those parents may have recently experienced loss of a life partner or a change in health status and are in need nonjudgmental support.

<u>Good Riddance Professional Organizing Solutions</u> works with families whose aging relatives are undergoing a housing transition. Professional Organizers, Susan Borax and Heather Knittel, have named this division, <u>Practically Daughters</u><sup>™</sup>, devoted to supporting families through the emotional and physical aspects of downsizing and organizing homes for relocation. They are downsizing experts who understand how difficult it can be to move from a long-time residence and can make the move easier.

<u>Practically Daughters</u><sup>™</sup> overcomes the logistical problems in dividing up and getting rid of decades' worth of family possessions. The pair helps their clients sort out and distributes what goods should be given to relatives and charities, sold at garage sales, on-line or through consignment, or sent to recycling. <u>Practically Daughters</u><sup>™</sup> aids in selecting the furniture and treasured belongings that will fit best in the new surroundings. They organize the new residence for maximum efficiency, comfort and safety and coordinate the details of the move.

Both Susan and Heather have been in the "caregiver" role themselves for surviving parents living thousands of miles away. They have experienced, firsthand, the anxiety and frustration associated with looking after an aging parent separated from them by great distances. As <u>Practically Daughters</u><sup>™</sup> the two reassure families that their mothers and fathers settle comfortably in their new residences.

When You Need Practically Daughters™

- Are you finding home maintenance a burden?
- Is your support system incapable of providing sufficient assistance?
- Are you at a loss for how to distribute excess belongings?
- Do you need help with organizing and preparing your home for resale?
- Do you need assistance with planning and setting up a new home?



## Practically Daughters<sup>TM</sup>

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Downsizing and Relocation Services

- Planning the Move
- Making a floor plan
- Sorting through possessions for sale, donation and recycling
- Arranging for charitable donations
- Assisting with the sale of unwanted belongings
- Contacting utility companies and forwarding mail and magazines
- Creating systems for mail, paper management, and other home office processes
- Unpacking belongings
- Optimizing the storage capability of the new residence
- Arranging clothes and linen closets
- Placing furniture
- Coordinating handymen, realtors, cleaners, junk removers, movers, appraisers and other services
- Recommending and purchasing products

"Thank you for everything also and thank you for hanging in there with me. This is a job that requires more than just physical labor and one that requires diplomacy, tact, patience, energy, and knowing just what to say when."

## Mike K, Surrey

"I have to say that Good Riddance's work was priceless. She held my hand and guided me through a very difficult period of my dad's and my life and helped us literally to move on. I recommend Good Riddance highly. Their sensitivity and resolve are just what one needs when trying to relocate a loved one."

## Rita S, New Westminster

Contact Susan or Heather at <u>Good Riddance Professional Organizing Solutions</u>. Good Riddance is dedicated to helping people manage the struggle they have with clutter that they are unable to handle themselves. Phone: 604 421 5950 email: <u>goodriddance@shaw.ca</u> Web: <u>www.goodriddance.ca</u>

Making Room For Living Well

